

## **YMCA Milton Keynes opens its doors as a 'Warm Space'**

With the cost of living rising and fuel poverty at an all-time high, this winter, YMCA MK will be opening its doors to welcome members of the community. YMCA 'Warm Space' offers people a place to come for free to enjoy a safe, comfortable and friendly environment. Staff and volunteers will be working on the front line to make this winter much easier for the Milton Keynes community.

In 2020, amidst the global pandemic, YMCA opened its £18.5 million building to house 242 young people at risk of homelessness. We deliver a holistic, person-centred approach when working with every resident, whilst offering therapeutic and physical activities to improve skills and confidence.

This bespoke youth work is not limited to the YMCA campus. Building on the success of The Hospital Navigator Scheme, YMCA MK is now expanding to reach vulnerable people across the local community. Supporting people in times of need is at the core of what we do, so inviting people in from the cold to make the most of our new building, is a great way to kick off our community development plans.

Those using the Warm Space can expect a cosy and comfortable environment, hot drinks, board games and great conversation.

**Opens 13 December**

**Please come and visit us Tuesdays and  
Wednesdays 10am-3pm**

You can support YMCA MK this winter by volunteering as a 'Warm Space Welcomer'.

Find out more at: <https://mkymca.com/app/uploads/2022/12/Warm-Space-Welcomer-Role-Description.pdf>

Or contact: [taylor.tookey@mkymca.com](mailto:taylor.tookey@mkymca.com)

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## Notes to Editors

### YMCA Milton Keynes

- YMCA is the only provider of supported housing dedicated to young adults aged 18-35 in Milton Keynes.
- Since 1981, we have supported more than 10,000 young people. We provide practical, emotional and employment support to help our residents belong, contribute and thrive.
- Our state-of-the-art campus and move on accommodation provide homes for up to 242 young adults.
- Our social enterprises – such as our café, HomeGround – offer work experience, training and employment opportunities for our residents and a revenue stream for us.
- YMCA Milton Keynes is an independent charity and affiliates to YMCA England and Wales.
- YMCAs operate in 700 different communities across England and Wales, impacting upon the lives of more than 570,000 people every year.
- For further information please visit [www.mkymca.com](http://www.mkymca.com).